

Your Thermomix Adventures

QUICK DINNERS (FOR TM31, TM5 & TM6)

with Lisa Keegan



Find Me Here



**Stroganoff -
Mushroom/ Meat**



**Risotto (so many
flavour options)**



**Steamed Salmon &
Broccoli Pesto**



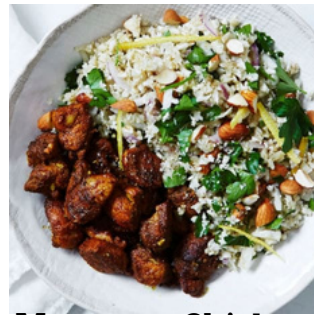
Coconut Dhal #



**Spicy Cauliflower
Soup**



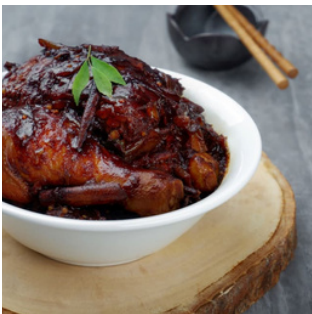
**Lamb & Feta
Meatballs**



**Moroccan Chicken
Cauliflower Cous**



**Chiang Mai
Noodles**



**Spicy Soy Sauce
Chicken #**



**Chicken Teriyaki
(TM6)**



**Chicken Korma with
Cashews (TM6)**



**Seared Steak &
Rocket Salad (TM6)**



**Creamy Tomato &
Salami Fettuccine**



**San Choy
Bau (TM6)**

*Use Cookidoo & The Shopping List for easy meal prep ☆☆

*Use your Thermoserver to keep your dinner hot for extra time if needed ☆☆

*Please reach out if I can ever help you or someone you know regarding the Thermomix. I love nothing more than helping you get the most from your Thermomix investment ☆☆