

March Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<u>Lamb and feta meatballs</u>
<u>Spiced lamb roast</u>	<u>Warm Mediterranean couscous salad</u>	<u>Chinese-style chicken</u>	<u>Beef tacos</u>	<u>Chicken korma with cashews</u>	<u>Murgh makhani</u>	<u>Keftethes (Greek meatballs)</u>
<u>Low Carb Breakfast Frittata</u>	<u>Tomato pasta with vegetables and feta</u>	<u>Tex-Mex Chicken and Quinoa Salad</u>	<u>Curried beef and noodles</u>	<u>Chicken in yoghurt</u>	<u>Pulled pork burger</u>	<u>Lamb with pumpkin and lentils</u>
<u>Steamed Whole Chicken</u>	<u>Sweet Potato Curry with Broccoli</u>	<u>Pasta in tomato sauce with chorizo</u>	<u>Chilli beef with lemon feta</u>	<u>Mediterranean Chicken</u>	<u>Fish and Chips</u>	<u>Fast lamb curry with chickpea and cauliflower rice</u>
<u>Dauphinoise Potatoes</u>	<u>Coconut Dhal</u>					