

Your **Thmxing** Adventures

habit stacking

with Lisa Keegan



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Chocolate Coconut Avocado Smoothie



Prawn salad with horseradish cream



Turmeric and Coconut Bites



Lemon Rosemary Chicken and Rice



Immune Booster



Mixed tomato and labne salad



Simple Paleo Cupcake



Meatballs with Rice, Peppers and Curry Sauce



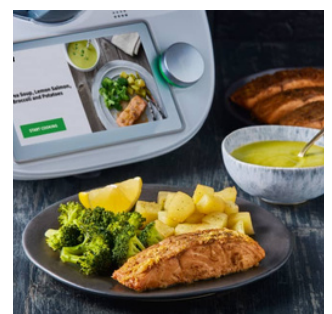
Muesli Smoothie



Spinach and rocket salad with cream cheese dressing



Hash Brown Cups



Pea Soup, Lemon Salmon, Broccoli and Potatoes



Mango, Orange and Strawberry Juice



Shredded chicken and sweet potato salad with cranberry dressing



Zucchini pistachio loaf



Korean barbecue pork with rice salad

Supporting you to get the most from your Thermomix

All recipes can be made on the TM31, TM5 & TM6 - See [Thmxing Adventures](#) for the video tips